

August 2016

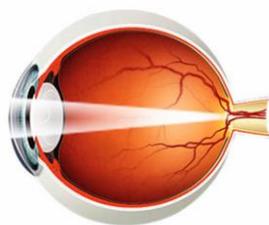
Questions about Cataracts: Do You Need Surgery?

Cataracts - a clouding of the eye's lens - occur as part of the body's natural aging process, afflicting about 25 million Americans over the age of 40. While surgery is the only way to remove cataracts, being diagnosed does not mean surgery is immediately needed. In the early stages, cataracts may not change vision significantly and the effects can sometimes be alleviated with prescription glasses. Over time, however, the condition may cause more significant vision loss and greater interference with daily tasks and quality of life.

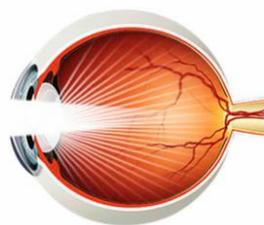
Normal Eye



Cataract Eye



A healthy lens allows for all parts of the retina to receive the image.



A cloudy lens scatters light, causing an image that's out of focus and hazy.

As with most health conditions, the right time to consider surgery depends on the individual patient. The [American Optometric Association](#) created a list of questions for those diagnosed with cataracts to help determine if they're ready for surgery:

- Can I perform my job and drive safely?
- Do I have problems reading or watching television?
- Do vision problems affect my level of independence?

If you are concerned about cataracts, please [get in touch](#) with the team at Isthmus Eye Care, your community's full service vision care and eye health provider. Our dedicated eye doctors will

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Meet Dr. Tim Wilson!

Of course delivering top-notch eye health care to his patients is one of his passions, but when [Dr. Tim Wilson](#) steps outside of Isthmus Eye Care it might be to engage in any number of active pursuits! Dr. Tim and his wife, Emmylou, enjoy hiking, biking, boating and all kinds of active outdoor pursuits. When they have time for a longer trip, Dr. Tim and his wife love nothing more than a tropical beach with great snorkeling. While Dr. Tim had a hard time choosing, he says Hawaii is their favorite destination so far. They're also devoted dog enthusiasts who love to dote on Penny, their Havanese (a breed of the Bichon type).

A native of Orland Park, Illinois, Dr. Tim attended the

provide a comprehensive evaluation and recommend an individualized treatment plan to help guide you back to the best eye health possible.

August is Children's Eye Health & Safety Month

August is upon us, and many families are trying to plan some final summer fun amidst filling out school registration forms and gathering school supplies. While the list of things to do and buy before the start of another school year can get long, August is also Children's Eye Health and Safety Month: a reminder that good eye health and vision care is vital to a child's overall well-being as well as their ability to learn.



According to [Prevent Blindness America](#), which established Children's Eye Health and Safety Month, some students in whom learning disabilities have been diagnosed may actually have vision problems. While an annual eye exam for your child is

the best preventive measure, there are several warning signs that may indicate your child is having vision problems.

First, what do your child's eyes look like? Causes for concern include eyes that appear crossed or uneven; eyelids that are red-rimmed, crusted, or swollen; or eyes that are watery or red. Also look for behaviors such as frequent rubbing, closing or covering one eye, unusually frequent blinking or squinting, and holding objects close to the eyes to see them. Finally, if your child complains of frequent headaches, dizziness, or nausea, it may be symptomatic of vision problems rather than illness.

Isthmus Eye Care fills up fast in August and September, but it's never too late to get your child's annual eye exam. We encourage you to [contact us](#) to schedule soon, and to call us immediately if you notice any of the warnings signs listed here.

Back To School Special

Healthy eyes are critical to a child's success in school. During our Back to School special through October, save 40% on all complete pairs of eyeglasses for kids. Plus, all glasses include our two-year unconditional warranty!

University of Illinois Urbana-Champaign and continued his studies in Chicago at the Illinois College of Optometry (ICO), from which he graduated cum laude in 2006. Never one to sit still for too long, Dr. Tim edged out his nearest competitor in our recent inter-office Fitbit challenge to win first place with a total of 70,496 steps in one week!



Good Neighbor Festival Parade: August 28

One of our favorite events of the year is around the corner! We pride ourselves on being a full-service vision and eye health care provider in the communities we serve, so it is only fitting that we love to see our friends and neighbors every year for the [Middleton Good Neighbor Festival parade!](#) The Isthmus Eye Care team will be participating in the parade for the eighth year in a row. Beginning at noon, the parade will travel west along University Avenue from Branch Street, and then turn right (north) onto Parmenter Street before ending at Lee Street just short of the roundabout. We're hoping for great weather and a great turnout from the Middleton community, so grab your favorite sunglasses and look for us there!

Contact Us

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BACK TO SCHOOL SPECIAL



AUGUST 1ST - OCTOBER 31ST



*A MEMBER OF
Vision Source*

40% Off

Complete Pairs
for All Kids

**ALL GLASSES
PURCHASES INCLUDE
A 2 YEAR
UNCONDITIONAL
WARRANTY.**

